

TRINITY EDUCATION FOR EXCELLENCE PROGRAM (TEEP)



The Social Emotional Learning Achieved by
**High School Leadership
Development Program (LDP)**

SUMMER CAMP 2022

WHAT WE DO

**2022
MARKED
TEEP'S 23RD
ANNIVERSARY**

Trinity Education for Excellence Program (TEEP) is a tuition-free, out-of-school time pipeline program. It empowers middle and high school students to pursue excellence through academic enrichment and support, cultural and career exploration, and character and leadership development.

Beginning as rising 7th graders, young people of color engage three consecutive summers in a five-week summer intensive.

- Morning sessions focus on academic confidence through project-based curricula.
- Afternoon sessions offer experiential learning.
- Participants meet for several community-building events during the school year.

Graduates of the middle school program continue in TEEP's **Leadership Development Program (LDP)**.

LDP students serve as mentors and paid counselors to their younger peers. They also participate in year-round college and career mentoring.

LDP participants are trained in three essential community practices:

- racial equity,
- trauma-inclusive care, and
- restorative justice.

They receive ongoing coaching from the start as Counselors-in-training. Over successive summers, they are encouraged to step into their potential for promotion to Counselors and, ultimately, Supervisors. LDP students engage in year-round college and career programming, including

- mentorship,
- campus tours, and
- career exploration.

They also participate in experiential learning opportunities such as community-building retreats.

This report focuses on the Social Emotional Learning (SEL) of high school students who served as mentors to middle school students in the 2022 summer camp, which was held in person following the virtual, pandemic season. A companion report presents the SEL development of middle school student participants.





2022 SUMMER SPECS

- **WHO:** Ten high school students
- **WHEN:** Recruited in the spring for leadership roles
 - Five week summer program, July 5 – Aug 5, 2022
- **WHAT:**
 - Mentor middle school camp participants
 - Develop new LDP candidates
 - Receive guidance from TEEP staff and counselors

SUMMER OF GROWTH AND ENRICHMENT!

LDP leaders engaged in a community service project with a church group each Friday to help prepare and serve lunches for the homeless in the area. They were also responsible for delivering:

■ **Experiential learning opportunities:** included a series of Career Day panels and Q&A sessions with the Augustus White Society of Harvard Medical School. The Career Day panels exposed students to the stories and experiences of:

- Physicians,
- Pharmacists,
- Chefs,
- Artists, and
- Medical students of color.

■ **Field trips:**

- Tested their zip lining skills at Boundless Adventures
- Made waves for the annual Family Day Celebration at Houghton's Pond, and
- Enjoyed an improvised theatre experience.

■ **Daily academic enrichments:**

- Math,
- Humanities, and
- English Language Arts (ELA)



I teach and hope to inspire LDP [students] about how world issues impact us all. I also learn from their stories and experiences to further educate and empower myself to become a better youth activist and advocate.

–Dillonna, Head Counselor*

**STUDENTS
RETURNED TO
IN-PERSON
PROGRAMMING FOR
THE FIRST TIME IN
TWO YEARS!**



*NOTE: The names for all quotes in this report are fictitious to protect student anonymity.

THE DIFFERENCE WE MAKE

TEEP LDP STUDENTS RESULTS, SUMMER 2022

- **GROWTH: SEL competencies increased 7 percent** as observed by staff
- **MEANING:** These assessments affirm that the ten high school **students made strides in being, doing, and relating** as they learned to co-lead the five-week summer intensive.
- **SO WHAT:** Youth with stronger SEL are more likely to gain academic and career success, foster positive relationships, and attain better physical and mental health, leading to more meaningful contributions to society.⁽¹⁾

How We Measure Social-Emotional Learning

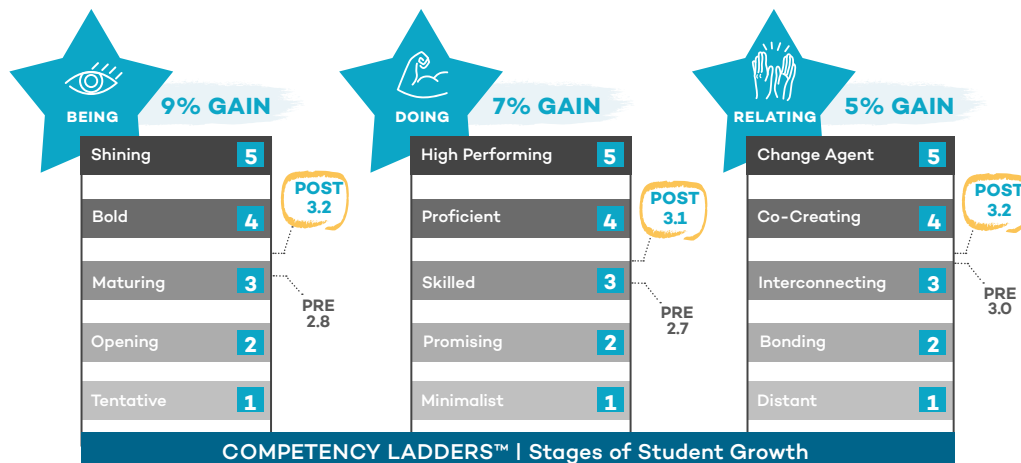
Working in partnership with [SEED Impact](#), three [SEED Competency Ladders™](#) were customized by TEEP faculty and integrated with our programming to measure, credibly report and accelerate major shifts in competency.

We measure and nudge growth across **three domains** to support whole-child development:

- 1) **Being** (comfort with self),
- 2) **Doing** (aptitude with new skills), and
- 3) **Relating** (interpersonal relationships).

Growth In SEL Competencies

The staff and LDP students who worked closest with each middle school student observed their change in the three SEL domains. **The average total increase in SEL was seven percent.**



- SEL gains in Being averaged 9 percent, followed by Doing at 7 percent, and Relating at 5 percent.
- At the start of the summer, Relating was observed to be highest since several students were already familiar with each other and readily able to build skills for effective teamwork.
- By the end of the camp, students were observed to reach similar levels in all three domains, just over level 3 on all three SEL Competency Ladders.

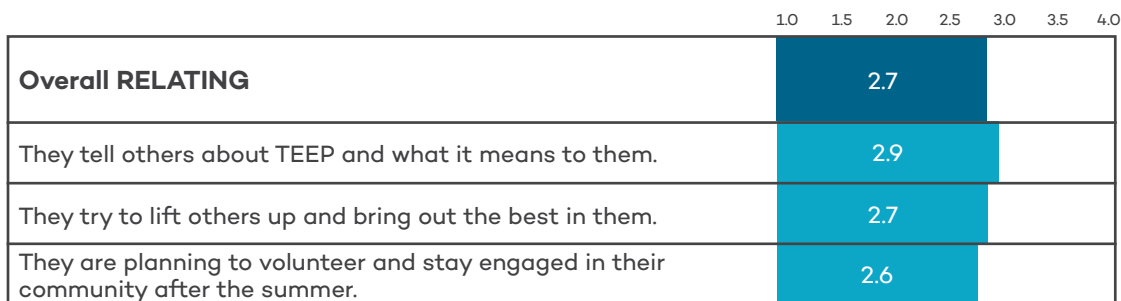
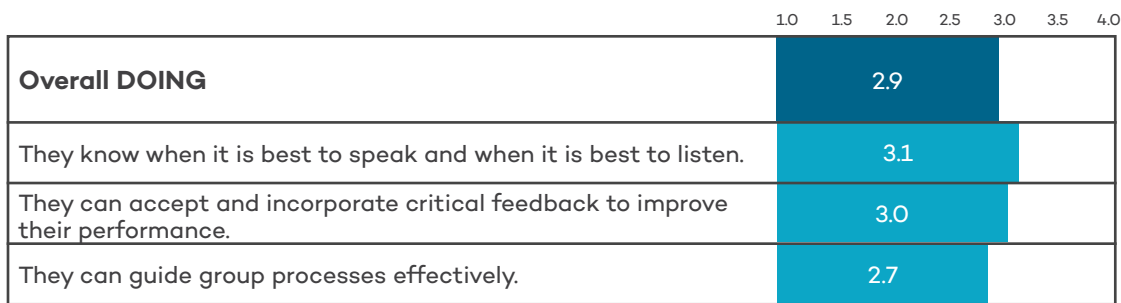
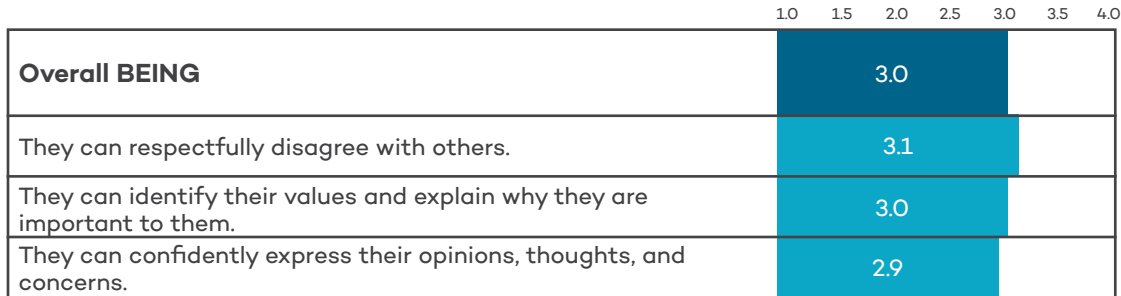
¹Council of Distinguished Scientists National Commission on Social, Emotional and Academic Development. The Aspen Institute, September 2017.

SEL Skill Levels

In addition to the Competency Ladder assessments, towards the end of the camp staff utilized a complementary survey tool to reflect on skill levels achieved by the LDP students. Nine practices were considered, three in each domain.



LDP leaders were observed to reach or nearly reach the level of “They got this!” in all three domains:



I hope to connect with these teens and really leave an impact, inspiring them to change the world in which we live. Maybe they can even inspire me to change some areas of my life. It's very important to me that these teens know what kind of world we live in and that they can be great here, too.

–Daniel, Head Counselor

LDP HIGH SCHOOL STUDENT PROFILES*



7%
SEL Gains

Marah is strong-willed and independent. She pushed harder each day to strive for greatness and leadership while creating a safe place for her peers and staff. She was a very verbal leader in the space, which helped strengthen the community.

5%
SEL Gains

Bernardo is devoted to TEEP and represents the program in a positive light. He was a shining star as a student and an even greater star as a leader. Among his important strengths are being himself and hanging out with everyone. He was able to step up in the space and be a strong influence on the middle schoolers.

11%
SEL Gains

Andrew has many layers. He's reserved, but he mingles well with his peers. After a few cracked jokes and some smiles, he opens up. Andrew was very helpful and approachable throughout the camp, making him a strong leader. There were instances when middle schoolers asked him for help, and he was able to assist them quickly.

18%
SEL Gains

Hazel is a good student who became an even greater peer leader. She is hard-working and strives for greatness. Her quietness is a strength as she allows others a chance to speak. She steps up and works hard to get her point across when given the space. She is skilled at staying in the midst with everyone and including others.

7%
SEL Gains

Sebastian is always interested in what's going on. Whether asking what's next or just asking to help, he thinks about his next moves. One of his strengths is asking for understanding, just curiosity in general. His questions often benefitted the group because we all needed clarity.

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